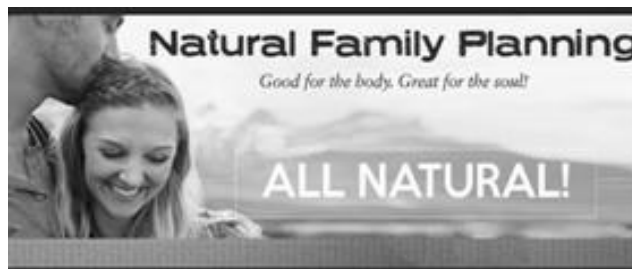


NATURAL FAMILY PLANNING (NFP) / FERTILITY AWARENESS RESOURCES  
DIOCESE OF WORCESTER, MA



NATURAL FAMILY PLANNING INSTRUCTORS:

**Barbara Meier, RN, CFCP**  
FertilityCare Center of Central Mass.  
Fitchburg, MA  
609-457-0108  
[fertilitycare@ymail.com](mailto:fertilitycare@ymail.com)

**Christopher & Bridget Klofft**  
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**Debbie Perry, CFCP**  
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**Craig & Amy Dyke**  
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**Alicja Januszewicz**  
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**Mark & Maureen Trettel**  
Milford, MA  
508-634-3865  
[mtrettel@verizon.net](mailto:mtrettel@verizon.net)

*(CONTINUED, OVER)*

## NEW ENGLAND AREA CATHOLIC PHYSICIANS:

### **Dr. Mark Rollo**

*Specialist in NaPro Technology, FertilityCare*  
Fitchburg, MA  
(978) 343-2775

### **Catholic Medical Center - Women's Wellness & Fertility Center of New England**

#### **Dr. Sarah Bascle**

*NaPro Technology, OB-GYN, FertilityCare*  
Manchester, NH  
[www.cmc-womenswellness.org](http://www.cmc-womenswellness.org)  
603-314-7595

### **Dr. John Worden & Dr. Rebecca Worden**

Mercy Family Practice  
Gardner, MA  
978-632-6445

### **Dr. John Howland**

St. Luke Family Practice  
Southbridge, MA  
(508) 764-9800

## HELPFUL WEBSITES:

### **Natural Family Planning (NFP) – Overview and Resources:**

<http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/>

### **FertilityCare Centers of America** (Includes listing of physicians and instructors throughout the U.S.)

<http://www.fertilitycare.org/>

### **FACTS about Fertility**

<http://www.factsaboutfertility.org/>

### **NaPro Technology**

<http://www.naprotechnology.com/>

### **Pope Paul VI Institute**

<http://www.popepaulvi.com/>

### **The National Gianna Center for Women's Health and Fertility**

<http://spphysicianassociates.com/our-services/gianna-center/>

### **Gianna Center of Long Island**

<http://www.chsli.org/gianna-center-long-island>